**Example CAS Activities**

**By Former IB Students**

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| **Creativity** | **Action** | **Service** |
| * Breaking Down the Walls * Link Crew * Debate Club * Mock Trial * Sunday School teacher * Coordinate leadership conference * Academic Decathlon * Computer services * Piano * Guitar * Leaders for a Lifetime * Drama performances * Organizing school trips * Orchestra * Band * Develop handbook * PV Follies * Cooking classes * Violin * Bell choir | * Pilates * Cross country * Basketball * Swimming * Spelunking * Sailing * Track * Basketball assistant coach * Tennis * Taekwondo * Dance * Karate * Soccer * Butte United Soccer Club volunteer * Figure skating * Kayaking * White water rafting * Rowing * Fencing * Tai Chi * Artistic Roller skating * Bowling * Football * Ultimate frisbee | * Elementary School Carnival volunteer * Eagles Bingo * Love Chico clean-up * Track meet volunteer * Butte Humane Society * Ability First Youth Sports Camp volunteer * Jesus Center volunteer * Adopt A Family * Enloe volunteer * Impact mentoring at junior high * Tutoring * American Cancer Society “The Shop” volunteer * Butte County Public library volunteer * Interact club * Clinic volunteer * GCY (Globally Conscience Youth) * Dessert with Santa volunteer * Gateway Science museum volunteer * Leaders for a Lifetime |