**Example CAS Activities**

**By Former IB Students**

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| **Creativity** | **Action**  | **Service** |
| * Breaking Down the Walls
* Link Crew
* Debate Club
* Mock Trial
* Sunday School teacher
* Coordinate leadership conference
* Academic Decathlon
* Computer services
* Piano
* Guitar
* Leaders for a Lifetime
* Drama performances
* Organizing school trips
* Orchestra
* Band
* Develop handbook
* PV Follies
* Cooking classes
* Violin
* Bell choir
 | * Pilates
* Cross country
* Basketball
* Swimming
* Spelunking
* Sailing
* Track
* Basketball assistant coach
* Tennis
* Taekwondo
* Dance
* Karate
* Soccer
* Butte United Soccer Club volunteer
* Figure skating
* Kayaking
* White water rafting
* Rowing
* Fencing
* Tai Chi
* Artistic Roller skating
* Bowling
* Football
* Ultimate frisbee
 | * Elementary School Carnival volunteer
* Eagles Bingo
* Love Chico clean-up
* Track meet volunteer
* Butte Humane Society
* Ability First Youth Sports Camp volunteer
* Jesus Center volunteer
* Adopt A Family
* Enloe volunteer
* Impact mentoring at junior high
* Tutoring
* American Cancer Society “The Shop” volunteer
* Butte County Public library volunteer
* Interact club
* Clinic volunteer
* GCY (Globally Conscience Youth)
* Dessert with Santa volunteer
* Gateway Science museum volunteer
* Leaders for a Lifetime
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